



Conversation Curriculum

Sleep Routines

Learning Objective: students will describe actions in a sequence, and describe their own actions, decisions and routines to others.

Lower Level	Beginning/Intermediate	Advanced
Next Then Wake up	After that Before that Fall Asleep	In the morning In the evening

Vocabulary – don’t write the vocab on the board, just keep it in mind during the lesson and try to use it in conversation.

Before Class: Put the paper-clipped questions from the “They Do” envelopes into cups.

Warm up Activity (15 minutes): As they arrive, have students arrange the picture story from the envelope into a logical order, and have them be prepared to explain it to the class. Students may work in pairs or individually depending on class size.

I do/We do Activity (10 minutes): There are 15 frames in the story, have a student explain the first 5, another student the middle five, and another student the last 5.

- If there are differences in the order, resolve these with the class
- Take this time to clear up any issues they may have with vocab

They should be describing the actions in steps.

- There isn’t a ‘correct’ order, but the steps should be logical and make sense
- The teacher then passes out the worksheet that shows the story in order with captions
- Ask students “what didn’t the man in the story do?” (ex: brushing teeth, turning out the lamp, etc ...)

They do Activity (20 minutes): Students will then pair off and switch off asking each other questions from the cups about their morning and night routines.

- The teacher should ask each student to share one thing they learned about their partner.

Journal Writing (10-15 minutes):

- Respond to the teacher's response from the last journal entry
- How many hours do you sleep each night? Does this change on weekends?
- What rules do you have for your kids regarding bedtime and daily habits? Why?



TV show ends

Tired

Turns off TV

Yawns

Walks to bed

Takes off shoes and socks

Undresses

Puts away dirty clothes

Puts pajamas on

Pulls covers back

Gets in bed

Adjusts pillow

Adjusts covers

Tries to sleep

Dreams of family