



## Conversation Curriculum

### Feelings

**Learning Objective:** Students will talk about what feelings are and how they affect our lives

**Before Class:** Review the packet to make sure all materials are present. Look over the lesson plan and make copies if necessary

**Warm-Up Activity (15 minutes):** As students arrive, hand each one a set of the picture cards. Have them separate the picture cards into two piles: “healthy emotion” and “unhealthy emotion”

Tell students to reflect and think about times they feel these things in their daily lives, and to think about why they are good or bad for us.

**I do/ We do Activity (10 minutes):** Have each student share which emotions they considered healthy or not healthy and, in general terms, why.

- Use the worksheet with the labeled pictures as a standard for this exercise, but allow for different student interpretations.
- Use the I do/ We do activity to clear up any difficulties with the terms or what feelings are so that everyone is on the same page with the basic vocabulary for the They Do activity.
- Model “They Do” activity with a student

**They do Activity (20 minutes):** There should be three (3) different levels of questions: Beginner, Intermediate, and Advanced. Hand out the sets of questions as you see fit based on the class that day. Have students work in pairs or groups of three with learners of similar skill level.

- If there are beginning learners in the class, sit with their group and offer extra assistance.
- If one group finishes their set of questions early, give them another level of questions to work on.
- The question slips are marked by color