

**Regular Verbs**  
**Simple Present, Simple Past and Present Perfect Tenses**

This is a list of Regular Verbs. These verbs use **-ed** for the simple past tense and the past participle. The **-ed** ending sounds like /t/

I will read the base form, the simple past tense and the past participle of the verb. Then, I will read the verb in three sentences, a simple present tense sentence, a simple past tense sentence and a present perfect tense sentence.

There will be time for you to repeat the verbs and sentences. Try it, it is good practice!

<b>Base</b>	<b>Past</b>	<b>Past Participle</b>	<b>Sentences</b>
Ask	asked	asked	
	<i>Simple present tense</i>		The teacher <i>asks</i> questions every day.
	<i>Simple past tense</i>		The teacher <i>asked</i> questions yesterday.
	<i>Present perfect tense</i>		The teacher <i>has asked</i> questions since class began.
Bake	baked	baked	
	<i>Simple present tense</i>		She <i>bakes</i> a cake every week.
	<i>Simple past tense</i>		She <i>baked</i> a cake last night.
	<i>Present perfect tense</i>		She <i>has baked</i> a cake every week for many years.
Cook	cooked	cooked	
	<i>Simple present tense</i>		I <i>cook</i> dinner every night.
	<i>Simple past tense</i>		I <i>cooked</i> dinner last night.
	<i>Present perfect tense</i>		I <i>have cooked</i> dinner every night for two weeks.
Cough	coughed	coughed	
	<i>Simple present tense</i>		Abdullahi <i>coughs</i> a lot because he is sick.
	<i>Simple past tense</i>		Abdullahi <i>coughed</i> a lot because he was sick.
	<i>Present perfect tense</i>		Abdullahi <i>has coughed</i> a lot for almost a week.
Clap	clapped	clapped	
	<i>Simple present tense</i>		The children always <i>clap</i> their hands.
	<i>Simple past tense</i>		The children <i>clapped</i> their hands 10 minutes ago.
	<i>Present perfect tense</i>		The children <i>have clapped</i> their hands for 1 minute.

<b>Base</b>	<b>Past</b>	<b>Past Participle</b>	<b>Sentences</b>
Dance	danced	danced	
	<i>Simple present tense</i>		Choua <i>dances</i> at parties every month.
	<i>Simple past tense</i>		Choua <i>danced</i> at a party last Saturday.
	<i>Present perfect tense</i>		Choua <i>has danced</i> at the party for 2 hours.
Dress	dressed	dressed	
	<i>Simple present tense</i>		She <i>dresses</i> her children every morning.
	<i>Simple past tense</i>		She <i>dressed</i> her children in warm clothing last winter.
	<i>Present perfect tense</i>		She <i>has dressed</i> her children since they were young.
Drop	dropped	dropped	
	<i>Simple present tense</i>		I rarely <i>drop</i> dishes when I wash them.
	<i>Simple past tense</i>		I <i>dropped</i> the glass on the floor last night.
	<i>Present perfect tense</i>		I <i>have just dropped</i> the dish on the floor.
Erase	erased	erased	
	<i>Simple present tense</i>		The students always <i>erase</i> the blackboard.
	<i>Simple past tense</i>		The students <i>erased</i> the blackboard yesterday.
	<i>Present perfect tense</i>		The students <i>have erased</i> the blackboard since last fall.
Finish	finished	finished	
	<i>Simple present tense</i>		I usually <i>finish</i> my job at 5pm.
	<i>Simple past tense</i>		I <i>finished</i> my job early today.
	<i>Present perfect tense</i>		I <i>have finished</i> my job early all this week.
Fix	fixed	fixed	
	<i>Simple present tense</i>		The mechanic <i>fixes</i> cars every day.
	<i>Simple past tense</i>		The mechanic <i>fixed</i> my car last month.
	<i>Present perfect tense</i>		The mechanic <i>has fixed</i> 3 cars since 8:00am.
Guess	guessed	guessed	
	<i>Simple present tense</i>		I <i>guess</i> a few answers on a test.
	<i>Simple past tense</i>		I <i>guessed</i> some answers on the test yesterday.
	<i>Present perfect tense</i>		I <i>have</i> already <i>guessed</i> on the answers for the test.

<b>Base</b>	<b>Past</b>	<b>Past Participle</b>	<b>Sentences</b>
Help	helped	helped	
	<i>Simple present tense</i>		The teacher <b>helps</b> me with English every day.
	<i>Simple past tense</i>		The teacher <b>helped</b> me with English last year.
	<i>Present perfect tense</i>		The teacher has <b>helped</b> me with English for 1 year.
Hope	hoped	hoped	
	<i>Simple present tense</i>		The young man <b>hopes</b> to pass the citizenship test.
	<i>Simple past tense</i>		The young man <b>hoped</b> to pass the citizenship test last year.
	<i>Present perfect tense</i>		The young man <b>has hoped</b> to pass the test for 1 month.
Kiss	kissed	kissed	
	<i>Simple present tense</i>		The couple always <b>kiss</b> each other.
	<i>Simple past tense</i>		The couple <b>kissed</b> each other 15 minutes ago.
	<i>Present perfect tense</i>		The couple <b>has</b> just <b>kissed</b> each other.
Laugh	laughed	laughed	
	<i>Simple present tense</i>		They <b>laugh</b> at the comedy show on TV.
	<i>Simple past tense</i>		They <b>laughed</b> at the comedy show last night.
	<i>Present perfect tense</i>		They <b>have laughed</b> at the comedy show many times.
Lock	locked	locked	
	<i>Simple present tense</i>		I always <b>lock</b> the door when I leave my house.
	<i>Simple past tense</i>		I <b>locked</b> the door when I left my house today.
	<i>Present perfect tense</i>		I <b>have locked</b> the door since I moved into that apartment.
Look	looked	looked	
	<i>Simple present tense</i>		We always <b>look</b> for cars before crossing the street.
	<i>Simple past tense</i>		We <b>looked</b> for cars before crossing the street yesterday.
	<i>Present perfect tense</i>		We <b>have looked</b> for cars since we were children.
Mix	mixed	mixed	
	<i>Simple present tense</i>		The baker <b>mixes</b> the flour and sugar every day.
	<i>Simple past tense</i>		The baker <b>mixed</b> the flour and sugar 2 hours ago.
	<i>Present perfect tense</i>		The baker <b>has mixed</b> flour and sugar many times.

<b>Base</b>	<b>Past</b>	<b>Past Participle</b>	<b>Sentences</b>
Mop	mopped	mopped	
	<i>Simple present tense</i>		The housekeeper <b>mops</b> all the floors.
	<i>Simple past tense</i>		The housekeeper <b>mopped</b> the floors last night.
	<i>Present perfect tense</i>		The housekeeper <b>has mopped</b> the floors every day this week.
Park	parked	parked	
	<i>Simple present tense</i>		You <b>park</b> your car in the parking lot every day.
	<i>Simple past tense</i>		You <b>parked</b> your car in the parking lot yesterday.
	<i>Present perfect tense</i>		You <b>have</b> just <b>parked</b> your car in the parking lot.
Pick	picked	picked	
	<i>Simple present tense</i>		They <b>pick</b> flowers from the garden every summer.
	<i>Simple past tense</i>		They <b>picked</b> the flowers from the garden last summer.
	<i>Present perfect tense</i>		They <b>have picked</b> flowers since they moved to the U.S.
Push	pushed	pushed	
	<i>Simple present tense</i>		I always <b>push</b> the shopping cart in the supermarket.
	<i>Simple past tense</i>		I <b>pushed</b> the cart in the supermarket last Sunday.
	<i>Present perfect tense</i>		I <b>have pushed</b> the cart for 2 hours.
Shop	shopped	shopped	
	<i>Simple present tense</i>		They <b>shop</b> for new clothes every month.
	<i>Simple past tense</i>		They <b>shopped</b> for new clothes last weekend.
	<i>Present perfect tense</i>		They <b>have shopped</b> for new clothes since last week.
Smoke	smoked	smoked	
	<i>Simple present tense</i>		The old man <b>smokes</b> cigarettes every day.
	<i>Simple past tense</i>		The old man <b>smoked</b> a cigarette 2 hours ago.
	<i>Present perfect tense</i>		The old man <b>has smoked</b> for 25 years.
Stop	stopped	stopped	
	<i>Simple present tense</i>		The car <b>stops</b> at the stop sign.
	<i>Simple past tense</i>		The car <b>stopped</b> at the stop sign 10 minutes ago.
	<i>Present perfect tense</i>		The car <b>has stopped</b> at all the stop signs on the road.

<b>Base</b>	<b>Past</b>	<b>Past Participle</b>	<b>Sentences</b>
Talk	talked	talked	
	<i>Simple present tense</i>		You <b>talk</b> to your manager every morning.
	<i>Simple past tense</i>		You <b>talked</b> to your manager this morning.
	<i>Present perfect tense</i>		You <b>have talked</b> to your manager for 10 minutes.
Touch	touched	touched	
	<i>Simple present tense</i>		The child rarely <b>touches</b> the hot stove.
	<i>Simple past tense</i>		The child <b>touched</b> the hot stove two days ago.
	<i>Present perfect tense</i>		The child <b>has</b> just <b>touched</b> the hot stove.
Type	typed	typed	
	<i>Simple present tense</i>		We <b>type</b> a story in computer class every week.
	<i>Simple past tense</i>		We <b>typed</b> a story in computer class last week.
	<i>Present perfect tense</i>		We <b>have typed</b> a story in computer class for seven weeks.
Watch	watched	watched	
	<i>Simple present tense</i>		We <b>watch</b> a good movie on T.V. every weekend.
	<i>Simple past tense</i>		We <b>watched</b> a good movie on T.V. last night.
	<i>Present perfect tense</i>		We <b>have watched</b> many good movies on T.V.
Walk	walked	walked	
	<i>Simple present tense</i>		I <b>walk</b> to school every day.
	<i>Simple past tense</i>		I <b>walked</b> to school two days ago.
	<i>Present perfect tense</i>		I <b>have walked</b> to school every day since last month.
Wash	washed	washed	
	<i>Simple present tense</i>		Farhia <b>washes</b> her dishes every morning
	<i>Simple past tense</i>		Farhia <b>washed</b> her dishes yesterday morning.
	<i>Present perfect tense</i>		Farhia <b>has washed</b> her dishes since she moved to the U.S.
Work	worked	worked	
	<i>Simple present tense</i>		I <b>work</b> over-time every month.
	<i>Simple past tense</i>		I <b>worked</b> over-time last month
	<i>Present perfect tense</i>		I <b>have worked</b> over-time for three months.